

# Press Release

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## First Aid Afloat

By **Sandra Roberts**

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An essential reference, ensuring you are ready for any medical incident or emergency on board

Aimed at the novice first-aider, First Aid Afloat is a practical guide to treating any accident or sudden illness at sea.

Each topic is designed to be read at a glance with short and simple steps and photo sequences to show exactly what to do in any situation. It will help you to act quickly, and provide the appropriate treatment at sea. With advice on what to look for when buying a first aid kit as well as how to be medically prepared when onboard, this is an essential guide for all who go afloat.

- Aimed at the novice first-aider and adopts a “no experience necessary” approach to first aid
- Covers bleeding, burns, musculo-skeletal injuries, environmental injury, illness and medical emergency, and treating children
- Instructions on moving a casualty, resuscitation, and getting help
- Clear photos accompanied by instructional steps to help you in any situation

First Aid Afloat is available to buy from all good bookshops and online.

### About the author:

Sandra Roberts is a senior lecturer in First Aid at the Warsash Maritime Academy.

### About Wiley Nautical:

Formerly known as Fernhurst Books, Wiley Nautical was created in 2006. It publishes more than 150 sailing, boating, surfing and diving titles. It is part of John Wiley & Sons, Inc, the global publishing house founded in 1807 that has been a valued source of





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